



About Us

We are a two decade old agency in the field of human resource development which is engaged in empowering individuals through Quality Improvement Interventions, Leadership Development & Soft Skills trainings (On Campus/ Off Campus/ residential/ Out Bound/ Online Interactive Web Conferences/ Webinars), Youth symposiums, Motivational Sessions, Personal, Business & Executive Coaching. We customize and deliver trainings that impact the quality management, leadership development & behavioural improvement for organizational excellence. Our clients belong to various govt. entities, public sector undertakings and academic institutions. Our sessions expose the individuals to the high and lofty ideals of an effective, joyous, healthy, and fulfilling life. Our interventions enrich the intellectual and emotional dimensions of the participants and help them develop a new thought process that brings all round excellence in their endeavours in discharge of organizational duties as well as in their personal arena.

We have trained more than **68,000** professionals and youth in India (across **23** states) and Africa, over the last **22** years.



Our Offerings for Academic Institutions



For Students:

Soft Skills training, Youth symposiums, Career counselling, Coaching, and Mentoring sessions. The sessions on Soft Skills, Habit Formation, Value Education and Personality Development expose the students to the high and lofty ideals of a successful, joyous, healthy, and fulfilling life. Besides making the youth aware of the rich cultural values, these sessions also assist them to put those virtues into practice. These interventions enrich the intellectual and emotional dimensions of the participants and help them evolve as responsible, confident, and courageous citizens of our country.



- Word power (An access to Redesign your World)
- Mind power (An access to Build your Destiny)
- Will power (Enabling you to reach the Benchmark)
- Effective Communication Skills
- Personality Development
- Time management
- Mindfulness
- Overcoming examination phobia
- Stress handling
- Maintaining consistent mental poise
- Selecting a dream career
- Relaxation techniques
- Freedom from demeaning thoughts
- Discover India & Redesign Yourself
- The Mystics and the mysterious strengths of India
- Triumph (A forum for school students):
- Getting aligned to excellence



For Parents:

Good Parenting has always been the bedrock of a successful human being. Parenting is a crucial responsibility that needs to be diligently fine-tuned and carried out as the child grows from toddler to pre-teen; from pre-teen to teenager; and from teenager to young adult. Though on the face of it, Parenting might seem to be formidable, it is actually an enriching and satisfying job.

At Dimensions Education, we address the issues of a particular age group of children in a focused manner and enable the parents to implement the solutions effectively. During our interaction with scores of children and parents, we verily understand that though most of the issues related to Parenting are common, each child is unique in itself and should be dealt with accordingly.

While a toddler could be irritable and fussy, a pre-teen could suffer from lack of attention, and a teenager could frequently throw tantrums because of physical and psychological changes that are taking place in the body. Though the problems might appear to be different here, the solutions must revolve around the 'heart', in an attempt to understand the child properly, and in the 'care' in holding the child's hand and leading him onto the right path.

- Happy, effective & joyous Parenting
- Nurturing the ceaseless Motivation
- Creating a self-drive in children
- Enhancing the self-esteem of kids
- Inculcating values and ethics in children
- Implanting the seeds of excellence in children
- Raising a happy and confident child
- Getting equipped to deal with the future challenges
- Ensuring emotional well-being of children
- Growing along with your Child



For Teachers:

Teachers are the torch bearers of the nation. Not only they disseminate the secular bread earning knowledge and text book facts, but in fact they touch, move and inspire the whole society and nation by the indelible imprints of thoughts, actions, and abilities which they demonstrate through their personality.

Nowadays teachers face a multitude of challenges in their professional lives; not only with the day-to-day need to motivate and inspire learners but also with diverse priorities and the heterogeneity of learners in the classroom. Our efforts are geared to empower, motivate and develop teachers and provide them a learning path so as to continue their professional development. Dimensions Education empowers the teachers in an interactive classroom environment through workshops, seminars and web conferencing. Our programs allow the teachers to spend their classroom time more effectively in engaging the young minds in the learning process, motivating the students ceaselessly, and thus facilitating a highly conducive environment inside the campus for learning and teaching.

- Inspiring and motivating the students
- Being Aggressive Vs. being Assertive
- Being at the helm Vs. sinking in the whirlpool
- Causing and leading Group Dynamics of the classroom
- Effective Teaching Techniques :
 - Holding The Attention of group
 - Engaging the pupils mind
 - Commanding Attention and real Respect
 - Mindfulness in the classroom



For Youth:

The first and foremost thing that comes to our mind when we think of youth is - energy. Youth symbolizes tremendous vibrancy and intense energy and is generally symbolized with water gushing in high speed in a river or through a canal. Having said that, it also brings to our mind the implications of not properly channelizing the youth energy. We at Dimensions Education, have been intensely dealing with youth and helping them transform their problems into opportunities.

- Pre Placement Training
- Emotional Stability
- Relaxation Techniques
- Public Speaking
- Effective Communication Skills
- Sustaining excellence
- Interview Skills
- Making a choice of Career
- Sustaining Excellence
- Mind Power (An access to Build your Destiny)
- Will Power (Enabling you to reach the Benchmark)
- Word Power (An access to Redesign your World)
- Mindfulness
- Freedom from demeaning thoughts
- Knowing the real strength of India and redesigning your life in tune with it.
- Mystics and the mysterious strength of India.
- Zenith(Youth Empowerment Seminar): Unleash the super hero within you
- Coaching and Mentoring
- Personal counselling



Coaching and Mentoring for Holistic Personality Development

Personal Coaching provides the students with a broader view of 'things in life' and the 'life' itself. It also helps them in finding a confidant to discuss the issues that impede their emotional and psychological well-being. These sessions enable the individuals to expand their horizons of perceptions and look at situations from a perspective that leverages their overall well-being and effectiveness.

Career Counselling

The career counselling sessions guide the students in selecting a suitable stream of study or career path as per their natural aptitude. Psychometric tests along with personal interactions with the objective of exploring the interest, aptitude, and family details are the basis to suggest the suitable career path.



CONTACT US

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