



Beyond perceptions

Leverage your Effectiveness

Sometimes, all that you need is
To really leap forward



About Us

We are a reputed agency in the field of human resource development, which is engaged in empowering individuals and Organizations through Soft Skills trainings (On Campus / Off Campus / Residential / Out Bound / Online Interactive Web Conferences), Youth symposiums, Motivational Sessions & Life Coaching.

We customize and deliver trainings that impact the quality management, leadership development & behavioural improvement for organizational excellence.

Our clients belong to various govt. entities, public sector undertakings, academic institutions and other business enterprises. Our Life coaching interventions has helped people mostly in the area of family issues, parenting issues, personal issues, business challenges etc. Our interventions enrich the intellectual and emotional dimensions of the participants and help them develop a new thought process that brings all round excellence in their endeavours in discharge of organizational duties as well as in their personal arena.

We have trained more than 68,000 professionals and youth in India (across 23 states) and Africa over the last 22 years. Beneficiaries of our coaching services include students, youth, IIT and IIM graduates, Managing Directors, entrepreneurs, administrators, professors, principals, parents, artists and others.





Today we face rapidly changing environments, that increasingly require us to reinvent ourselves.

The conflict within is manifesting rapidly, growing figures on burnout and depression, which represent the growing gap between our actions and who we really are.

- Our effectiveness is shaped by our habits
- Our habits are shaped by our actions
- Our actions are shaped by our perceptions
- Our perceptions are shaped by our learnings, experiences, judgements... based on past
- The past doesn't predict the future. You have to create the future, or you may not have one

Excellence
is our Habit!





LEAP

FOR  ARD

To break free from your past ways of thinking

SOMETIMES, ALL THAT YOU NEED IS

To really

Be Surprised !!

- ❖ To see opportunities where previously you saw only obstacles
- ❖ To see support where you previously saw only conflict
- ❖ To see abundance where you previously saw only inadequacy
- ❖ To move from I can't to We can...We will...

Allow yourself

To listen differently

We did it !!

To relate differently

To see differently

To act differently

To respond differently

Treat Yourself!

Reward yourself for your hard work!



Breakthrough

Breaking past patterns and old habits is never easy.

The breakthrough process begins with a new kind of awareness. A new kind of awareness allows you to reflect on what results you want to create. This workshop will help you with the knowhow and 'Tools' to adventure in this journey of breaking free from your past patterns and old habits.

New kind of results are possible through new awareness...

New awareness is possible through newer abilities

To perceive beyond your perception

To know beyond you're knowing

To see beyond you're seeing

To connect beyond your connections

To communicate beyond your communication

To collaborate beyond your collaborations



This workshop will assist the participants to discover these newer abilities for a joyous, healthy and effective life. The individual, transformed, will perceive new meaning to his life, to events, to numbers, to interactions between people.

Training Methodology: The workshop will be engaging and highly participative. The workshop will include lectures, discussions, exercises, audio video presentations, case studies and role play etc.

Lead Facilitator

Sanjay Kumar Singh

Mr. Sanjay Kumar Singh is a Lead Consultant & Founder Director of Dimensions Education Pvt Ltd (incorporated in February 2002). He is a Behavioral Skill specialist, Life Coach and Management Consultant. With a proper blend of deep insight of life and oratorical prowess, Mr. Singh has successfully motivated more than fifty thousands of youth and professionals to live a joyous, healthy and meaningful life. Beneficiaries of Mr. Singh's counsel include students, youth, IIT and IIM graduates, Managing Directors, entrepreneurs, administrators, professors, principals, parents, artists and others. Having studied 'Eastern Philosophy' and 'Oriental Lifestyle' under the aegis of accomplished scholars and monastics, Mr. Singh's guidance has always been grounded to one's culture and history while spreading wings to actualize the dreams of life with the help of secular knowledge. Through his vast experience and innovative approach, Mr. Singh has successfully imparted consultancy and training to several organizations both, in India and Africa.

Mr. Singh is widely acclaimed for his problem solving ability at personal, familial, societal, and organizational levels. His attempt to solve an issue is always beyond a temporary relief and geared towards holistic development of individuals.

Academic Qualification: B.Sc. Agriculture (1990-1994) Institute of Agricultural Sciences, Banaras Hindu University.

Training conducted for more than 50000 participants in 23 states of India and also in Africa, over the last 22 years.

He is also empanelled as a Guest Faculty at ISTM Delhi.

Life Member: INTACH



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